

# Hong Kong Ranking 2017

Gender	NAME	Chi	Team	Rank	J.rank	0.00	m.ss.00	h.mm:ss	HT1	HT2	WANA	WS	Date	Competition	Place
<b>W 100m</b>															
W	CHAN PUI KEI	陳佩琦	HKT	1	J1	11.91						-0.5	18 Apr 17	All China Youth (U18) Athletics Championships	Nanchang, Jiangxi
W	LAM ON KI	林安琪	PAC	2		12.05						+1.4	25 Mar 17	Hong Kong Athletics Series - S2	Hong Kong
W	LAM WING TUNG	林穎彤	HVAA	3		12.10						+1.1	22 Apr 17	Hong Kong Athletics Series- S3	Hong Kong
W	LEUNG KWAN YI	梁筠宜	HVAA	4	J2	12.13						+0.5	25 Feb 17	Hong Kong Athletics Series - S1	Hong Kong
W	LUI LAI YIU	呂麗瑤	WAC	5		12.15						+0.8	25 Mar 17	Hong Kong Athletics Series - S2	Hong Kong
W	LEUNG WING HEI	梁詠曦	DGS	6	J3	12.25						+1.2	03 Mar 17	Inter-School Athletics Competition-D1	Hong Kong
W	FUNG CHEUK LAM	馮焯琳		7	J4	12.28						+1.3	15 Apr 17	TCAA Age Group Athletics Meet	Hong Kong
W	LO KA LAM	盧嘉琳	PAC	8		12.36						+1.1	22 Apr 17	Hong Kong Athletics Series - S3	Hong Kong
W	YUE YA XIN	俞雅欣	PAC	9	J5	12.36						+1.4	25 Mar 17	Hong Kong Athletics Series - S2	Hong Kong
W	CHAN HIU TUNG	陳曉彤	港 大	10		12.50						+0.6	12 Mar 17	The 56th USFHK Annual Athletic Meet	Hong Kong
W	POON HANG WAI	潘幸慧	PAC		J6	12.57						+0.4	22 Apr 17	Hong Kong Athletics Series- S3	Hong Kong
W	WU YI LAM	胡伊霖			J7	12.57						+1.3	15 Apr 17	TCAA Age Group Athletics Meet	Hong Kong
W	WONG TSZ SHAN	黃紫珊	HKT		J8	12.63						-1.2	18 Apr 17	All China Youth (U18) Athletics Championships	Nanchang, Jiangxi
W	KWOK HUI MAN NATALIE	郭栩雯	DGS		J9	12.65						+1.5	22 Feb 17	Inter-School Athletics Competition-D1	Hong Kong
W	LEUNG YEE TING	梁依婷	GHS		J10	12.69						+1.5	22 Feb 17	Inter-School Athletics Competition-D1	Hong Kong
W	CHAN PUI KEI	陳佩琦	GHS	WA	WA	11.85					WA	+3.0	03 Mar 17	Inter-School Athletics Competition-D1	Hong Kong
W	LAM WING TUNG	林穎彤	HVAA	WA	WA	12.07					WA	+2.1	22 Apr 17	Hong Kong Athletics Series- S3	Hong Kong
W	WONG CHING HEI	黃瀾嬉	SCGS	WA	WA	12.64					WA	+3.0	03 Mar 17	Inter-School Athletics Competition-D1	Hong Kong
W	WAI LOK HENG	韋諾珩	SCGS	WA	WA	12.65					WA	+3.0	03 Mar 17	Inter-School Athletics Competition-D1	Hong Kong
W	LEUNG YEE TING	梁依婷	GHS	WA	WA	12.67					WA	+3.0	03 Mar 17	Inter-School Athletics Competition-D1	Hong Kong
<b>W 200M</b>															
W	CHAN PUI KEI	陳佩琦	GHS	1	J1	25.03						+0.8	03 Mar 17	Inter-School Athletics Competition-D1	Hong Kong
W	LUI LAI YIU	呂麗瑤	中 大	2		25.07						+0.6	12 Mar 17	The 56th USFHK Annual Athletic Meet	Hong Kong
W	POON HANG WAI	潘幸慧	PAC	3	J2	25.71						-0.2	26 Mar 17	Hong Kong Athletics Series - S2	Hong Kong
W	LEUNG WING HEI	梁詠曦	HKT	4	J3	25.72						-1.1	22 Jan 17	Guangdong-Hong Kong-Macau Junior Athletics Championships	Guangdong, China
W	FUNG CHEUK LAM	馮焯琳	SPCS	5	J4	25.74						+1.9	01 Apr 17	All HK Schools Jing Ying Athletics Tournament	Hong Kong
W	LO KA LAM	盧嘉琳	PAC	6		25.79						+0.4	23 Apr 17	Hong Kong Athletics Series- S3	Hong Kong
W	LEUNG KWAN YI	梁筠宜	HVAA	7	J5	26.03						+0.2	26 Feb 17	Hong Kong Athletics Series - S1	Hong Kong
W	CHAN KA SIN	陳家僖	CSRA	8		26.07						-0.2	26 Mar 17	Hong Kong Athletics Series - S2	Hong Kong
W	CHAN KA YI	陳嘉儀	WAC	9		26.07						+1.3	26 Mar 17	Hong Kong Athletics Series - S2	Hong Kong
W	LAM WING TUNG	林穎彤	HVAA	10		26.22						+1.2	15 Jan 17	Pre-Season Trial 2017	Hong Kong
W	YEUNG CHING	楊晴	TCAA		J6	26.30						+1.4	23 Apr 17	Hong Kong Athletics Series- S3	Hong Kong
W	WONG TSZ SHAN	黃紫珊	MKPMC		J7	26.38						+1.9	01 Apr 17	All HK Schools Jing Ying Athletics Tournament	Hong Kong
W	NG HEI YIU	吳煒樞	TLGC		J8	26.48						+1.9	01 Apr 17	All HK Schools Jing Ying Athletics Tournament	Hong Kong
W	LEUNG YEE TING	梁依婷	GHS		J9	26.71						+0.8	03 Mar 17	Inter-School Athletics Competition-D1	Hong Kong
W	CHAN CHEUK WAI	陳卓慧	北區		J10	26.78						-1.0	29 Apr 17	Hong Kong Game 2017	Hong Kong
W	LEUNG WING HEI	梁詠曦	DGS	WA	WA	25.40					WA	+4.1	27 Feb 17	Inter-School Athletics Competition-D1	Hong Kong
W	KWOK HUI MAN NATALIE	郭栩雯	DGS	WA	WA	25.83					WA	+2.9	01 Apr 17	All HK Schools Jing Ying Athletics Tournament	Hong Kong
W	WONG CHING HEI	黃瀾嬉	SCGS	WA	WA	26.75					WA	+2.4	27 Feb 17	Inter-School Athletics Competition-D1	Hong Kong
<b>W 400M</b>															
W	POON HANG WAI	潘幸慧	中 大	1	J1	58.81							12 Mar 17	The 56th USFHK Annual Athletic Meet	Hong Kong
W	FUNG CHEUK LAM	馮焯琳	SPCS	2	J2	59.48							02 Apr 17	All HK Schools Jing Ying Athletics Tournament	Hong Kong
W	TANG PUI KWAN	鄧佩君	SMHYC	3	J3	59.49							02 Apr 17	All HK Schools Jing Ying Athletics Tournament	Hong Kong
W	FONG CHING SUNNIE	方晴	HYS	4	J4	60.38							03 Mar 17	Inter-School Athletics Competition-D1	Hong Kong
W	JULIET REUVEN	韋妍	TCAA	5		60.46							22 Apr 17	Hong Kong Athletics Series- S3	Hong Kong
W	CHAN WAI LAAM	陳煒嵐	DGS	6	J5	60.50							02 Apr 17	All HK Schools Jing Ying Athletics Tournament	Hong Kong
W	CHAN YEE KI	陳綺琪	中 大	7		60.62							12 Mar 17	The 56th USFHK Annual Athletic Meet	Hong Kong
W	CHUA YAN CHING	蔡仁靖	城 大	8		60.65							12 Mar 17	The 56th USFHK Annual Athletic Meet	Hong Kong
W	LO WING HUNG	盧詠虹	屯門區	9		60.81							30 Apr 17	Hong Kong Game 2017	Hong Kong
W	LAU WAI LAN	劉慧蘭	屯門區	10		61.04							30 Apr 17	Hong Kong Game 2017	Hong Kong
W	LAU MONG YAN	劉望恩	觀塘區		J6	61.14							30 Apr 17	Hong Kong Game 2017	Hong Kong
W	CHAN TAK YAN	陳德殷	DGS		J7	61.15							03 Mar 17	Inter-School Athletics Competition-D1	Hong Kong
W	CHEN ON YU	陳安瑜	IS		J8	61.17							03 Mar 17	Inter-School Athletics Competition-D1	Hong Kong
W	CHAN WAI LAAM	陳煒嵐	沙田區		J9	61.22							30 Apr 17	Hong Kong Game 2017	Hong Kong
W	AILLIE IKEDA		AVOHK		J10	61.73							07 May 17	Samsung 60th FOS Youth and Kids Athletics Day	Hong Kong
<b>W 800M</b>															
W	NELLEKE QUISPTEL		IRC	1		2:15.88							23 Apr 17	Hong Kong Athletics Series- S3	Hong Kong
W	HO LOK MAN	何樂敏	TCAA	2		2:23.92							23 Apr 17	Hong Kong Athletics Series- S3	Hong Kong
W	YUEN HO YEE	袁皓怡	油尖旺區	3	J1	2:25.14							30 Apr 17	Hong Kong Game 2017	Hong Kong
W	ERIN ROSE BROWN	---	WIS	4	J2	2:25.22							03 Mar 17	Inter-School Athletics Competition-D1	Hong Kong
W	AU YEUNG HOK KA	歐陽學珈	DGS	5	J3	2:25.46							01 Apr 17	All HK Schools Jing Ying Athletics Tournament	Hong Kong
W	AMY L. TAO	陶亮	WIS	6	J4	2:25.87							03 Mar 17	Inter-School Athletics Competition-D1	Hong Kong
W	CHEUNG HOI NI	張凱妮	WAC	7	J5	2:26.13							23 Apr 17	Hong Kong Athletics Series- S3	Hong Kong
W	LAU MONG YAN	劉望恩	PAC	8	J6	2:26.49							26 Mar 17	Hong Kong Athletics Series - S2	Hong Kong
W	KARA CASEY		AVOHK	9	J7	2:26.60							26 Mar 17	Hong Kong Athletics Series - S2	Hong Kong
W	CHAN YING SUM	陳櫻心	DGS	10	J8	2:26.69							01 Apr 17	All HK Schools Jing Ying Athletics Tournament	Hong Kong
<b>W 1500M</b>															
W	CHOI YAN YIN	蔡欣妍	中 大	1		4:53.35							12 Mar 17	The 56th USFHK Annual Athletic Meet	Hong Kong
W	WRIGHT CADE CAMERON		SSGC	2	J1	4:54.20							02 Apr 17	All HK Schools Jing Ying Athletics Tournament	Hong Kong

# Hong Kong Ranking 2017

Gender	NAME	Chi	Team	Rank	J.rank	0.00	m:ss.00	h:mm:ss	HT1	HT2	WANA	WS	Date	Competition	Place
W	TONG LOK YU	湯樂榆	NHKSC	3	J2		4:57.79						25 Mar 17	Hong Kong Athletics Series - S2	Hong Kong
W	HO LOK MAN	何樂敏	黃大仙區	4			4:59.97						30 Apr 17	Hong Kong Game 2017	Hong Kong
W	ERIN ROSE BROWN	---	WIS	5	J3		5:01.53						03 Mar 17	Inter-School Athletics Competition-D1	Hong Kong
W	CASEY KARA LOUISA	---	KGV	6	J4		5:02.65						03 Mar 17	Inter-School Athletics Competition-D1	Hong Kong
W	WONG TSZ YAN	黃芷鈞	浸大	7			5:03.57						12 Mar 17	The 56th USFHK Annual Athletic Meet	Hong Kong
W	CHAN WING TUNG	陳穎彤	中大	8			5:04.57						12 Mar 17	The 56th USFHK Annual Athletic Meet	Hong Kong
W	TSOI YUN YUE PHOEBE	蔡欣諭	TCAA	9			5:04.59						22 Apr 17	Hong Kong Athletics Series- S3	Hong Kong
W	VUT TSZ YING	屈旨盈	大埔區	10			5:05.50						30 Apr 17	Hong Kong Game 2017	Hong Kong
W	CHAN LOK YAN	陳樂恩	DGS		J5		5:06.37						03 Mar 17	Inter-School Athletics Competition-D1	Hong Kong
W	YUEN HO YEE	袁皓怡	WAC		J6		5:06.79						22 Apr 17	Hong Kong Athletics Series- S3	Hong Kong
W	CHAN YING SUM	陳櫻心	元朗區		J7		5:09.81						30 Apr 17	Hong Kong Game 2017	Hong Kong
W	JASMIN ALYSSA DREW	---	WIS		J8		5:11.13						03 Mar 17	Inter-School Athletics Competition-D1	Hong Kong
W	NG KA YAN JESSICA	吳家欣			J9		5:11.63						15 Apr 17	TCAA Age Group Athletics Meet	Hong Kong
W	AMY L. TAO	陶亮	WIS		J10		5:12.07						03 Mar 17	Inter-School Athletics Competition-D1	Hong Kong
<b>W 5000M</b>															
W	TONG LOK YU	湯樂榆	NHKSC	1	J1		18:45.58						22 Apr 17	Hong Kong Athletics Series- S3	Hong Kong
W	LUI WAI MAN	呂慧敏	TCAA	2			18:46.06						25 Feb 17	Hong Kong Athletics Series - S1	Hong Kong
W	VUT TSZ YING	屈旨盈	大埔區	3			18:55.23						30 Apr 17	Hong Kong Game 2017	Hong Kong
W	WONG WING YEE	黃詠儀	TCAA	4			18:56.20						25 Feb 17	Hong Kong Athletics Series - S1	Hong Kong
W	LIU SZE HANG	廖思恆	TWAC	5			18:57.60						25 Feb 17	Hong Kong Athletics Series - S1	Hong Kong
W	WONG TSZ YAN	黃芷鈞	NHKSC	6			19:06.49						22 Apr 17	Hong Kong Athletics Series- S3	Hong Kong
W	HO LOK MAN	何樂敏	TCAA	7			19:11.08						25 Feb 17	Hong Kong Athletics Series - S1	Hong Kong
W	CHAN PUI SHAN	陳佩珊	WAC	8			19:20.64						25 Feb 17	Hong Kong Athletics Series - S1	Hong Kong
W	MAK RAINBOW	麥雨晴	元朗區	9			19:27.74						30 Apr 17	Hong Kong Game 2017	Hong Kong
W	TONG KA YAN LARISSA	唐嘉欣	沙田區	10			19:36.93						30 Apr 17	Hong Kong Game 2017	Hong Kong
W	XUE CHO YIN KITTY	薛楚燕	WAC		J2		20:04.95						25 Feb 17	Hong Kong Athletics Series - S1	Hong Kong
W	YUEN HO YEE	袁皓怡	WAC		J3		20:45.19						25 Feb 17	Hong Kong Athletics Series - S1	Hong Kong
W	LEE WING IN	利詠妍	TJCEC		J4		22:12.62						25 Feb 17	Hong Kong Athletics Series - S1	Hong Kong
W	KWOK FANNY	郭如茵	TCAA		J5		22:18.28						22 Apr 17	Hong Kong Athletics Series- S3	Hong Kong
<b>W 10000M</b>															
W	TONG LOK YU	湯樂榆	NHKSC	1	J1		39:04.56						25 Mar 17	Hong Kong Athletics Series - S2	Hong Kong
W	VUT TSZ YING	屈旨盈	WAC	2			40:29.46						25 Mar 17	Hong Kong Athletics Series - S2	Hong Kong
W	CHLOE MARTIN		AVOHK	3			40:51.16						25 Mar 17	Hong Kong Athletics Series - S2	Hong Kong
W	WONG WING YEE	黃詠儀	TCAA	4			40:54.18						25 Mar 17	Hong Kong Athletics Series - S2	Hong Kong
W	HO LOK MAN	何樂敏	TCAA	5			41:39.71						25 Mar 17	Hong Kong Athletics Series - S2	Hong Kong
W	TONG KA YAN LARISSA	唐嘉欣	IRC	6			41:56.69						25 Mar 17	Hong Kong Athletics Series - S2	Hong Kong
W	FAN CHING YEE	范倩怡	TCAA	7			43:09.85						25 Mar 17	Hong Kong Athletics Series - S2	Hong Kong
W	CHAN PUI SHAN	陳佩珊	WAC	8			43:13.74						25 Mar 17	Hong Kong Athletics Series - S2	Hong Kong
W	CHEUNG WAI YIN	張慧妍	SDH	9			44:59.83						25 Mar 17	Hong Kong Athletics Series - S2	Hong Kong
W	FUNG CHING YAN	馮靜恩	WAC	10			45:05.83						25 Mar 17	Hong Kong Athletics Series - S2	Hong Kong
W	XUE CHO YIN KITTY	薛楚燕	WAC		J2		45:40.67						25 Mar 17	Hong Kong Athletics Series - S2	Hong Kong
<b>W 3000MSC</b>															
W	TONG LOK YU	湯樂榆	NHKSC	1	J1		11:38.97						22 Apr 17	Hong Kong Athletics Series- S3	Hong Kong
W	MAK RAINBOW	麥雨晴	WAC	2			11:47.65						22 Apr 17	Hong Kong Athletics Series- S3	Hong Kong
W	ERIN BROWN		AVOHK	3	J2		11:51.76						25 Mar 17	Hong Kong Athletics Series - S2	Hong Kong
W	WONG WING YEE	黃詠儀	TCAA	4			12:00.58						22 Apr 17	Hong Kong Athletics Series- S3	Hong Kong
W	CHAN WING TUNG	陳穎彤	WAC	5			12:07.26						22 Apr 17	Hong Kong Athletics Series- S3	Hong Kong
W	CHAN WING TUNG	陳穎彤	WAC	6			12:12.37						25 Mar 17	Hong Kong Athletics Series - S2	Hong Kong
W	TSOI YUN YUE PHOEBE	蔡欣諭	TCAA	7			12:18.56						25 Mar 17	Hong Kong Athletics Series - S2	Hong Kong
W	SO HEI TUNG PHOEBE	蘇晞潼	WAC	8	J3		12:27.14						25 Mar 17	Hong Kong Athletics Series - S2	Hong Kong
W	FUNG KA LEE	馮嘉莉	WAC	9			13:53.12						22 Apr 17	Hong Kong Athletics Series- S3	Hong Kong
<b>W 100MH(0.838)</b>															
W	LUI LAI YIU	呂麗瑤	HKT	1			13.56				+0.6		30 Apr 17	Asian Grand Prix - 3rd Leg	Chinese Taipei
W	LO WING YEE KATE	盧詠儀	TCAA	2			14.70				+0.4		23 Apr 17	Hong Kong Athletics Series- S3	Hong Kong
W	LEUNG CHING YI	梁靖怡	PAC	3			14.79				+1.1		26 Mar 17	Hong Kong Athletics Series - S2	Hong Kong
W	SHING CHO YAN	盛楚殷	HKT	4	J2		14.87				0.0		22 Jan 17	Guangdong-Hong Kong-Macau Junior Athletics Championships	Guangdong, China
W	SHEUNG ONI YIN	常安然	WAC	5			15.15				+1.1		26 Mar 17	Hong Kong Athletics Series - S2	Hong Kong
W	CHEUNG CHLOE CYBIL	鄭凌詩	PAC	6	J3		15.51				+0.4		23 Apr 17	Hong Kong Athletics Series- S3	Hong Kong
W	WONG WAI YEE	黃惠儀	WAC	7	J4		15.61				+1.1		26 Mar 17	Hong Kong Athletics Series - S2	Hong Kong
W	ONG JING RONG KERSTIN	王淨蓉	SAA	8			15.68				+1.1		26 Mar 17	Hong Kong Athletics Series - S2	Hong Kong
W	TANG HIU CHING	鄧曉晴	中大	9	J5		15.76				-1.3		12 Mar 17	The 56th USFHK Annual Athletic Meet	Hong Kong
W	CHAN SHANNON VERA	陳彥霖	浸大	10	J6		15.85				-1.3		12 Mar 17	The 56th USFHK Annual Athletic Meet	Hong Kong
W	YUM KA WING	任家穎	HVAA		J7		15.92				+0.4		23 Apr 17	Hong Kong Athletics Series - S3	Hong Kong
W	CHAN SOPHIE	陳芍羚	油尖旺區		J8		16.02				-2.2		30 Apr 17	Hong Kong Game 2017	Hong Kong
W	LI MEI SZE	李美詩	屯門區		J9		16.39				-2.2		30 Apr 17	Hong Kong Game 2017	Hong Kong
W	YIM KA KI	嚴嘉琪	觀塘區		J10		16.98				0.0		30 Apr 17	Hong Kong Game 2017	Hong Kong
<b>W 400MH(0.762)</b>															
W	CHAN HIU TUNG	陳曉彤	WAC	1			65.50						23 Apr 17	Hong Kong Athletics Series- S3	Hong Kong
W	LAU WAI LAN	劉慧蘭	HVAA	2			66.28						26 Mar 17	Hong Kong Athletics Series - S2	Hong Kong
W	LIU HOI YAN	廖海茵	HKT	3	J1		67.53						22 Jan 17	Guangdong-Hong Kong-Macau Junior Athletics Championships	Guangdong, China
W	CHAN KA SIN	陳家倩	CSRA	4			69.18						23 Apr 17	Hong Kong Athletics Series- S3	Hong Kong

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Gender	NAME	Chi	Team	Rank	J.rank	0.00	m:ss.00	h:mm:ss	HT1	HT2	WANA	WS	Date	Competition	Place	
W	YEUNG TIK SUM	楊濂心	HVAA	5	J2	69.61							23 Apr 17	Hong Kong Athletics Series - S3	Hong Kong	
W	YIP YIN KWAN	葉彥君	HVAA	6	J3	71.51							23 Apr 17	Hong Kong Athletics Series - S3	Hong Kong	
W	YU WAN YUI	余蘊芮	HVAA	7	J4	71.68							26 Feb 17	Hong Kong Athletics Series - S1	Hong Kong	
W	CHU SZE SZE	朱詩詩	WAC	8	J5	76.92							23 Apr 17	Hong Kong Athletics Series - S3	Hong Kong	
W	HUNG YAN YAN	洪欣欣	TCAA	9		80.23							26 Feb 17	Hong Kong Athletics Series - S1	Hong Kong	
W	LAM LOK SHAN	林樂山	WAC	10		81.57							26 Feb 17	Hong Kong Athletics Series - S1	Hong Kong	
<b>W HJ</b>																
W	YEUNG MAN WAI	楊文蔚	HKT	1		1.88							30 Apr 17	Asian Grand Prix - 3rd Leg	Chinese Taipei	
W	LAI YAN HEI	黎恩熙	HKT	2	J1	1.74							31 Mar 17	Philippine National Open Invitational Athletics Championships	Philippine	
W	CHEUNG CHING LAAM PRISCILLA	張靜嵐	HYS	3	J2	1.71							02 Apr 17	All HK Schools Jing Ying Athletics Tournament	Hong Kong	
W	LAM LAI SHAN	林驪珊	TCAA	4		1.69							22 Apr 17	Hong Kong Athletics Series - S3	Hong Kong	
W	FAN LINNA	范琳娜	DGS	5	J3	1.67							07 May 17	Samsung 60th FOS Youth and Kids Athletics Day	Hong Kong	
W	FUNG WAI YEE	馮惠儀	港大	6		1.67							12 Mar 17	The 56th USFHK Annual Athletic Meet	Hong Kong	
W	WONG YUEN NAM	黃沅嵐	DGS	7	J4	1.67							22 Feb 17	Inter-School Athletics Competition-D1	Hong Kong	
W	CHAN NGO SHEUNG	陳傲湘	深水埗區	8		1.64							30 Apr 17	Hong Kong Game 2017	Hong Kong	
W	TANG TIFFANY YI CHING	鄧伊程	DGS	9	J5	1.64							22 Feb 17	Inter-School Athletics Competition-D1	Hong Kong	
W	LAM TSZ CHIN JANICE	林子芊	DGS	10	J6	1.63							02 Apr 17	All HK Schools Jing Ying Athletics Tournament	Hong Kong	
W	CHUNG WAI YAN	鍾慧欣	理大		J7	1.59							12 Mar 17	The 56th USFHK Annual Athletic Meet	Hong Kong	
W	CHAN WING KA	陳穎珈	GHS		J8	1.55							22 Feb 17	Inter-School Athletics Competition-D1	Hong Kong	
W	CHU MAN WAI	朱文慧			J9	1.55							15 Apr 17	TCAA Age Group Athletics Meet	Hong Kong	
W	HO KA YI	何嘉兒	HWC		J10	1.55							02 Apr 17	All HK Schools Jing Ying Athletics Tournament	Hong Kong	
W	SO KA YAN	蘇嘉欣	元朗區		J10	1.55							30 Apr 17	Hong Kong Game 2017	Hong Kong	
W	TAM YUEN TING	譚琬婷	WAC		J10	1.55							15 Jan 17	Pre-Season Trial 2017	Hong Kong	
<b>W PV</b>																
W	CHOI SIN TING	蔡倩婷	TCAA	1		3.55							23 Apr 17	Hong Kong Athletics Series - S3	Hong Kong	
W	WONG CHUI YIU CHERYL	黃翠瑤	WAC	2		3.30							26 Mar 17	Hong Kong Athletics Series - S2	Hong Kong	
W	TING HO KIU	丁可翹	WAC	3		3.30							26 Mar 17	Hong Kong Athletics Series - S2	Hong Kong	
W	TANG HOI YEE CONNIE	鄧凱而	TCAA	4		3.10							23 Apr 17	Hong Kong Athletics Series - S3	Hong Kong	
W	SIN TUNG YEUNG	冼彤陽	WAC	5	J1	2.60							26 Mar 17	Hong Kong Athletics Series - S2	Hong Kong	
<b>W LJ</b>																
W	WONG HIU YAN	汪曉茵	油尖旺區	1		5.85						+1.6	29 Apr 17	Hong Kong Game 2017	Hong Kong	
W	YUE YA XIN	俞雅欣	PAC	2	J1	5.82						+0.9	25 Mar 17	Hong Kong Athletics Series - S2	Hong Kong	
W	WONG PUI LING	黃佩玲	WAC	3		5.76						+1.3	25 Mar 17	Hong Kong Athletics Series - S2	Hong Kong	
W	CHAN KA SIN	陳家倩	CSRA	4		5.67						+0.8	22 Apr 17	Hong Kong Athletics Series - S3	Hong Kong	
W	YIU HOI YAN	姚海恩	TCAA	5		5.67						+1.4	25 Mar 17	Hong Kong Athletics Series - S2	Hong Kong	
W	TSE MANG CHI	謝孟芝	中西區	6		5.54						+0.4	29 Apr 17	Hong Kong Game 2017	Hong Kong	
W	CHU PUI CHING	朱珮澄	GHS	7	J2	5.50						+2.0	22 Feb 17	Inter-School Athletics Competition-D1	Hong Kong	
W	TSANG WING YU	曾泳瑜	PLKHYC	8	J3	5.35						+0.4	01 Apr 17	All HK Schools Jing Ying Athletics Tournament	Hong Kong	
W	YEUNG WING	楊詠	TCAA	9	J4	5.32						+1.4	25 Mar 17	Hong Kong Athletics Series - S2	Hong Kong	
W	WONG SZE LONG	王思朗	GHS	10	J5	5.31						+0.9	22 Feb 17	Inter-School Athletics Competition-D1	Hong Kong	
W	LAM YAN TUNG	林恩同	DGS		J6	5.30						-1.4	27 Feb 17	Inter-School Athletics Competition-D1	Hong Kong	
W	CHAN SIK YEUNG CHAVA	陳息壤	MCS		J7	5.26						+1.2	22 Feb 17	Inter-School Athletics Competition-D1	Hong Kong	
W	YIP WING MEI	葉穎薇	元朗區		J8	5.24						+0.3	29 Apr 17	Hong Kong Game 2017	Hong Kong	
W	CHONG WING	莊穎			J9	5.23						-2.1	15 Apr 17	TCAA Age Group Athletics Meet	Hong Kong	
W	CHAN PUI CHI	陳沛諮	SPCS		J10	5.21						+0.1	27 Feb 17	Inter-School Athletics Competition-D1	Hong Kong	
W	YAU PO MIN		CREATIVE		WA	5.23						WA	+2.2	01 Apr 17	All HK Schools Jing Ying Athletics Tournament	Hong Kong
<b>W TJ</b>																
W	TSE MANG CHI	謝孟芝	WAC	1		12.39						+0.1	26 Mar 17	Hong Kong Athletics Series - S2	Hong Kong	
W	CHAN SHANNON VERA	陳彥霖	TCAA	2	J1	11.72						+1.0	23 Apr 17	Hong Kong Athletics Series - S3	Hong Kong	
W	LOH MEI SZE	羅美思	TCAA	3		11.28						+1.4	26 Mar 17	Hong Kong Athletics Series - S2	Hong Kong	
W	LIU TSZ YAN	廖紫欣	TCAA	4		11.13						-0.4	26 Feb 17	Hong Kong Athletics Series - S1	Hong Kong	
W	KAM YUEN WA	甘婉華	TCAA	5	J2	10.74						+0.4	26 Feb 17	Hong Kong Athletics Series - S1	Hong Kong	
W	CHAN YORK SEE	陳約施	TCAA	6		10.71						+0.3	26 Mar 17	Hong Kong Athletics Series - S2	Hong Kong	
W	WONG SZE MAN	黃思敏	SCAA	7		10.24						+0.7	26 Feb 17	Hong Kong Athletics Series - S1	Hong Kong	
W	TSANG WING YU	曾泳瑜	HVAA	8	J3	10.02						0.0	23 Apr 17	Hong Kong Athletics Series - S3	Hong Kong	
W	CHOW SHUK WAI	鄒淑慧	SCAA	9		9.93						-0.9	26 Feb 17	Hong Kong Athletics Series - S1	Hong Kong	
W	CHAU ABBEY	周彤	TCAA	10		9.91						+1.2	26 Mar 17	Hong Kong Athletics Series - S2	Hong Kong	
W	CHAN KA PO	陳嘉寶	CCCSS		J4	9.74						+1.9	26 Feb 17	Hong Kong Athletics Series - S1	Hong Kong	
<b>W SP(4.0)</b>																
W	TO YUEN KWAN	杜婉筠	理大	1		12.43							12 Mar 17	The 56th USFHK Annual Athletic Meet	Hong Kong	
W	FOO HOI YI HEIDI	傅海怡	理大	2	J1	10.61							12 Mar 17	The 56th USFHK Annual Athletic Meet	Hong Kong	
W	HO YIN CHIU	賀賢昭	中大	3		10.58							12 Mar 17	The 56th USFHK Annual Athletic Meet	Hong Kong	
W	CHEUNG YUET TING	張月婷	WAC	4	J2	10.51							25 Mar 17	Hong Kong Athletics Series - S2	Hong Kong	
W	NG KI SUM	吳其芯	九龍城區	5		10.17							29 Apr 17	Hong Kong Game 2017	Hong Kong	
W	LAW HEI	羅曦	SPCS	6	J3	10.11							01 Apr 17	All HK Schools Jing Ying Athletics Tournament	Hong Kong	
W	AU PUI LAM	區佩琳	職訓局	7		9.81							12 Mar 17	The 56th USFHK Annual Athletic Meet	Hong Kong	
W	KWOK TSZ YI	郭子怡	GHS	8	J4	9.64							01 Apr 17	All HK Schools Jing Ying Athletics Tournament	Hong Kong	
W	HO KWUN YAN	何冠欣	城大	9		9.59							12 Mar 17	The 56th USFHK Annual Athletic Meet	Hong Kong	
W	CHANG LOK YI	鄭樂怡	港大	10		9.27							12 Mar 17	The 56th USFHK Annual Athletic Meet	Hong Kong	
W	LAM HOI LING	林凱翎	WAC		J5	9.21							25 Mar 17	Hong Kong Athletics Series - S2	Hong Kong	

# Hong Kong Ranking 2017

Gender	NAME	Chi	Team	Rank	J.rank	0.00	m:ss.00	h:mm:ss	HT1	HT2	WANA	WS	Date	Competition	Place
W	FOO HOI YI HEIDI	傅海怡	WAC		J6	9.19							15 Jan 17	Pre-Season Trial 2017	Hong Kong
W	SIN HOI SUET	冼愷雪	GHS		J7	9.13							27 Feb 17	Inter-School Athletics Competition-D1	Hong Kong
W	WONG JANELLE VICTORIA	黃卓琳	DGS		J8	9.12							27 Feb 17	Inter-School Athletics Competition-D1	Hong Kong
W	CHUNG WAI YAN PHOEBE	鍾慧欣	PAC		J9	9.09							25 Feb 17	Hong Kong Athletics Series - S1	Hong Kong
W	TSUI YIU YAN	徐堯欣	浸大		J10	8.99							12 Mar 17	The 56th USFHK Annual Athletic Meet	Hong Kong
W	<b>DT(1.0)</b>														
W	TO YUEN KWAN	杜婉筠	理大	1		39.93							12 Mar 17	The 56th USFHK Annual Athletic Meet	Hong Kong
W	FOO HOI YI HEIDI	傅海怡	WAC	2	J1	37.71							26 Feb 17	Hong Kong Athletics Series - S1	Hong Kong
W	CHANG LOK YI	鄭樂怡	港大	3		35.38							12 Mar 17	The 56th USFHK Annual Athletic Meet	Hong Kong
W	CHAN JANICE	陳樂悠	GHS	4	J2	34.61							01 Apr 17	All HK Schools Jing Ying Athletics Tournament	Hong Kong
W	TAM HIU KI	譚曉琪	教大	5		33.65							12 Mar 17	The 56th USFHK Annual Athletic Meet	Hong Kong
W	LAU FONG YING	劉芳盈	HYS	6	J3	32.99							03 Mar 17	Inter-School Athletics Competition-D1	Hong Kong
W	LEE MASAKI	李真生	GHS	7	J4	31.56							03 Mar 17	Inter-School Athletics Competition-D1	Hong Kong
W	NG KA LEE	吳嘉莉	CGHCAC	8		31.15							26 Mar 17	Hong Kong Athletics Series - S2	Hong Kong
W	TAM TIK MAN	譚迪文	城大	9		30.82							12 Mar 17	The 56th USFHK Annual Athletic Meet	Hong Kong
W	CHEUNG KIU WAI	張喬惠	中大	10		30.76							12 Mar 17	The 56th USFHK Annual Athletic Meet	Hong Kong
W	LEUNG YUET YEE JASMINE	梁悅儀	HYS		J5	30.41							03 Mar 17	Inter-School Athletics Competition-D1	Hong Kong
W	YIU YI YAN	姚懿恩	WAC		J6	29.32							26 Mar 17	Hong Kong Athletics Series - S2	Hong Kong
W	CHEUNG YUET TING	張月婷	LCCS		J7	29.17							03 Mar 17	Inter-School Athletics Competition-D1	Hong Kong
W	CHAN YING YI	陳英怡	SCAA		J8	28.96							23 Apr 17	Hong Kong Athletics Series - S3	Hong Kong
W	LAI PO CHU	黎寶珠	SCAA		J9	28.84							26 Feb 17	Hong Kong Athletics Series - S1	Hong Kong
W	CHUNG WAI YAN	鍾慧欣	PAC		J10	28.67							23 Apr 17	Hong Kong Athletics Series - S3	Hong Kong
W	<b>HT(4.0)</b>														
W	LAM SAU KWAN	林秀君	TCAA	1		48.76							22 Apr 17	Hong Kong Athletics Series - S3	Hong Kong
W	TAM HIU KI	譚曉琪	TCAA	2		46.91							25 Mar 17	Hong Kong Athletics Series - S2	Hong Kong
W	LEUNG JADE	梁焯熹	CGHCAC	3		33.42							22 Apr 17	Hong Kong Athletics Series - S3	Hong Kong
W	LAM HOI LING	林凱翎	WAC	4	J1	32.54							25 Mar 17	Hong Kong Athletics Series - S2	Hong Kong
W	NG KA LEE	吳嘉莉	CGHCAC	5		27.74							22 Apr 17	Hong Kong Athletics Series - S3	Hong Kong
W	WI HOU YIU	胡凱瑤	WAC	6	J2	17.74							25 Mar 17	Hong Kong Athletics Series - S2	Hong Kong
W	LOH MEI SZE	羅美思	TCAA	7		13.23							22 Apr 17	Hong Kong Athletics Series - S3	Hong Kong
W	CHOI YEE LAM, ELAINE	蔡綺琳	WAC	8	J3	12.77							25 Mar 17	Hong Kong Athletics Series - S2	Hong Kong
W	<b>JT(600)</b>														
W	NG KI SUM	吳其芯	HVAA	1		45.18							25 Mar 17	Hong Kong Athletics Series - S2	Hong Kong
W	LAU HEI TING	劉晞庭	中大	2		44.98							12 Mar 17	The 56th USFHK Annual Athletic Meet	Hong Kong
W	WOD WING TUNG	胡泳彤	WAC	3		43.74							25 Mar 17	Hong Kong Athletics Series - S2	Hong Kong
W	YU AI LIN	余靄琳	城大	4		40.15							12 Mar 17	The 56th USFHK Annual Athletic Meet	Hong Kong
W	NG SUET YING	吳雪盈	理大	5		37.74							12 Mar 17	The 56th USFHK Annual Athletic Meet	Hong Kong
W	MAK TSYZ YAN GIANNE	麥子欣	DGS	6	J1	36.76							22 Feb 17	Inter-School Athletics Competition-D1	Hong Kong
W	LUK NGAI MING MAISIE	陸藝明	SPCS	7	J2	36.35							27 Feb 17	Inter-School Athletics Competition-D1	Hong Kong
W	CHIM HO KI	詹可淇	WAC	8		35.46							25 Mar 17	Hong Kong Athletics Series - S2	Hong Kong
W	NG KA LEE	吳嘉莉	北區	9		35.25							30 Apr 17	Hong Kong Game 2017	Hong Kong
W	YIU HOI LUN	姚海倫	理大	10		35.13							12 Mar 17	The 56th USFHK Annual Athletic Meet	Hong Kong
W	TSUI KA YAN	崔家欣	DGS		J3	34.32							27 Feb 17	Inter-School Athletics Competition-D1	Hong Kong
W	NG PUI YAN	吳佩恩	HYS		J4	34.08							27 Feb 17	Inter-School Athletics Competition-D1	Hong Kong
W	LAU WING HEI	劉穎晞	GHS		J5	33.23							27 Feb 17	Inter-School Athletics Competition-D1	Hong Kong
W	LEE CHING YAN SAMANTHA	李靖忻	GHS		J6	32.36							22 Feb 17	Inter-School Athletics Competition-D1	Hong Kong
W	IP SHUK TIN TINA	葉淑天	SPCS		J7	32.16							22 Feb 17	Inter-School Athletics Competition-D1	Hong Kong
W	WONG CHING YU	黃靜好	WFN		J8	30.90							27 Feb 17	Inter-School Athletics Competition-D1	Hong Kong
W	CHUNG PUI YING	鍾靜好	STSS		J9	29.70							02 Apr 17	All HK Schools Jing Ying Athletics Tournament	Hong Kong
W	TAM MEI CHING SHERRY	譚微靜	GHS		J10	29.48							22 Feb 17	Inter-School Athletics Competition-D1	Hong Kong
W	<b>HEPT</b>														
W	HO KA MAN	何家敏	SCAA	1		3391							26 Feb 17	Hong Kong Athletics Series - S1	Hong Kong
W	CHUNG WAI YAN PHOEBE	鍾慧欣	PAC	2	J1	3266							26 Feb 17	Hong Kong Athletics Series - S1	Hong Kong
W	CHU SZE SZE	朱詩詩	WAC	3	J2	2433							26 Feb 17	Hong Kong Athletics Series - S1	Hong Kong
W	TAM TSZ MAN	譚紫蔓	WAC	4		2195							26 Feb 17	Hong Kong Athletics Series - S1	Hong Kong